

# Implementing the General Chapter Enactments

## 2019 update



### SPIRITUAL LONGINGS

#### *Underway*

- First Sunday Contemplative Sitting.
  - January to June focused on Identity and Life in Mission, *Adrian Dominican Constitution and Statutes*
- Weber Center offerings.
  - Days of Mindfulness Meditation.
  - Workshops exploring *Laudato Si'*, the Scriptures, and spirituality.
  - Retreats focusing on spirituality, mysticism, and the psalms.
  - Private Directed Retreats.
- INAI: A Space Apart.
  - Creative exhibits: *Connecting the Threads* and *Quiet Moments*.
- Presentations for *Embracing the Future/ Encuentro con el Futuro/Pagyakap sa Hinaharap* in the summer of 2019.
- [A Sister Reflects](#) blog

#### *Exploring*

- Establishing a Spirituality Committee.
- Forming [Omega Discussion Groups](#).
- Additional ecumenical/interfaith offerings.
- Possible offerings in Mission Chapters.
- Communal book studies.



### SUSTAINABILITY

#### *Underway*

- Implementing a computerized program of tracking all waste to help reduce it (includes garbage to landfill, hazardous waste, recycled materials, and composted food waste).
- Reducing plastics on campus by removing plastic bags from office wastebaskets and plastic drink bottles from vending machines.
- Planting trees and other perennials to increase carbon sequestration.
- Expanding the collection of compostable food and other materials on campus.
- Planting more fruit and nut trees and other food-producing perennials in the Permaculture Edible Food Forest.
- Developing theological reflection questions for sustainable living.

#### *Exploring*

- Solar-energy generation options for the campus and CASA apartments in West Palm Beach, Florida.
- A computerized program of tracking food and beverage products to help support healthy meals and sustainable food choices (e.g., reduced meat and increased local, sustainable food purchasing).
- Collecting post-consumer food waste to reduce exports to landfill.
- Compostable food service products throughout campus.



### RESILIENT COMMUNITIES

#### *Underway*

- Mission Groups in Dominican Midwest, Dominican West, Florida, and Great Lakes Dominican Mission Chapters have submitted ideas for geographic locations in which to implement a resilient communities effort — and most Chapters have identified at least two strong possibilities. During 2019, volunteers in those Chapters will be asked to research those possibilities to help select the optimal location.
- The Adrian Resilient Communities Committee is doing further research on demographics, needs, and current work of community organizations in Adrian, incorporating the suggestions received from Mission Groups in Adrian-based Chapters; Sisters and Associates living in the Adrian area; and campus Co-workers, who responded to a survey developed by the Committee.
- Sisters in the Our Lady of Remedies Chapter are promoting resiliency by supporting several new income-generating efforts — organic food growing, sewing, and meal preparation — among indigeous and indigent communities.
- Sisters are assisting immigrants at the U.S.- Mexico border.

#### *Exploring*

- Sponsoring a daylong symposium on May 20, 2019, to highlight the importance of ecological sustainability to creating resilient communities. More to come!



### DEEPENING RELATIONSHIPS/ HONORING DIVERSITY

#### *Underway*

- March 13, 2019, Dine and Discuss at Weber Center on *Blood at the Root: A Racial Cleansing in America* by Patrick Phillips.
- Sharing and discussing interculturality case study, created by Adrian Dominicans participating in CTU's intercongregational conference, "Engaging Our Diversity: Interculturality and Consecrated Life."
- Engaging young women in discernment about life choices. Come and See Weekend at Weber Center March 1-3, 2019.
- Survey of Associates, evaluating Associate Life; revision of Associate Life Handbook and Formation Book.
- Outreach for National Catholic Sisters Week, March 8-14, 2019.
- Establishing a Sojourners group in Las Vegas.
- Sisters living in the Congregation house in New Orleans have a standing offer to share community with immigrants in need.

#### *Exploring*

- Fall 2019 daylong program processing white privilege with the President of Lenawee NAACP, the head of the Adrian Diversity Commission, and a panel of three young black women.